



# CHILD & YOUTH MENTAL HEALTH PROGRAM REFERRAL FORM

+ McMaster Children's Hospital, Child and Youth Mental Health Program is responsible for delivering highly specialized mental health services to children and youth from birth to their 18th birthday. Some of the services we provide are accessed via single-access-point organizations across the region. To be eligible for all of our services and to facilitate discharge planning, please contact the CONTACT organization in your area simultaneous to making this referral. If your request is to access primary or secondary level child and youth mental health services, please contact your local CONTACT organization first.

CONTACT: Hamilton 905-570-8888 Brant 519-758-8228 Niagara 905-684-3407 Haldimand - Norfolk 1-800-265-8087

When submitting this referral, please include available supporting documents and reports (e.g. previous mental health and psychiatric assessments, psychological testing reports, relevant medical reports etc.)

**Please fax this completed form and attachments to 905-521-7938 to initiate your referral.**

**REFERRAL SOURCE**     CONTACT Agency     ER     Hospital     Physician  
 Nurse Practitioner     Regional Service Outreach Partner

Name of Person completing form: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(year/month/day)

+ Have you made a referral to your local CONTACT agency?     Yes     No

**CLIENT INFORMATION**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ HIN # \_\_\_\_\_ Expiry Date \_\_\_\_\_  
Address \_\_\_\_\_ Phone # \_\_\_\_\_

+ **FAMILY INFORMATION** (Please Check if Applicable)     Crown Ward     Temporary Ward     Society Ward

Legal Guardian:

(Step Mother/Foster/Adoptive) Mother: Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Phone # \_\_\_\_\_ Alt # \_\_\_\_\_

(Step Father /Foster /Adoptive) Father: Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Phone # \_\_\_\_\_ Alt # \_\_\_\_\_

+ Marital Status:     Married     Divorced     Single     Other - \_\_\_\_\_  
Is the family system supportive?     Yes     No     Unknown

**REFERRING PHYSICIAN (Mandatory for Accessing Services)**

Last Name \_\_\_\_\_ First \_\_\_\_\_ Phone # \_\_\_\_\_  
Address \_\_\_\_\_ Fax # \_\_\_\_\_

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_\_ OHIP Billing # \_\_\_\_\_

Family Physician (If different from Referring) \_\_\_\_\_

**SCHOOL/DAYCARE INFORMATION**

School/Daycare: \_\_\_\_\_ Contact Person: \_\_\_\_\_ Phone # \_\_\_\_\_

Is this child attending school/daycare regularly?     Yes     No     Unknown

Is this child's current school/daycare placement at risk?     Yes     No     Unknown

Is this a Rapid Response request (available to daycares in Hamilton only)?     Yes     No     Unknown

+ **Is there a Significant Medical History?**     No     Yes - \_\_\_\_\_

**Allergies:** \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ HIN # \_\_\_\_\_ Expiry Date \_\_\_\_\_

Is there a Significant Medical History?  No  Yes - \_\_\_\_\_

Allergies: \_\_\_\_\_

**CURRENT MEDICATIONS:** Include prescription and non prescription medications including:

- oral meds / liquids      ● inhalers      ● injectables      ● "tube" feeds      ● patches      ● eye / ear drops
- nasal mists      ● vitamins / supplements / diet pills      ● herbal / natural products      ● creams / ointments

Medication (general name preferred)	Dose (include units)	Route	Frequency (note if prn)	Start Date (yyyy/mm/dd)	Prescribed By

**REASON FOR REFERRAL / PRESENTING PROBLEMS:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

	<b>Comments:</b>
Substance/Alcohol Misuse: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Thoughts of Self Harm: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Engaged in Self Harm: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Thoughts of Suicide: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Suicide Attempt(s): <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Thoughts of Harm to Others: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Engaged in Harm to Others: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
High Risk Behaviour(s): <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Legal Involvement: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Parental Mental Health Issues: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____
Siblings Mental Health Issues: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	_____

**SERVICES CURRENTLY INVOLVED WITH CHILD/FAMILY:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> CONTACT - Hamilton            | <input type="checkbox"/> CONTACT - Brant        | <input type="checkbox"/> CONTACT - Niagara             |
| <input type="checkbox"/> CONTACT - Haldimand / Norfolk | <input type="checkbox"/> Child Protection       | <input type="checkbox"/> Speech and Language Pathology |
| <input type="checkbox"/> School/Learning Resources     | <input type="checkbox"/> Developmental Services | <input type="checkbox"/> Family Health Team            |
| <input type="checkbox"/> Therapeutic/Counseling        | <input type="checkbox"/> Mental Health Services | <input type="checkbox"/> Other _____                   |

**PREVIOUS MENTAL HEALTH SERVICES (If any):** \_\_\_\_\_

**For Office Use Only** Disposition :  Accepted Assigned To: \_\_\_\_\_  
 Declined If declined, was the referral redirected to the local CONTACT?  Yes  No

Appointment Date (yyyy/mm/dd) \_\_\_\_\_ Time (hh:mm) \_\_\_\_\_

Printed Name \_\_\_\_\_ Signature/Designation \_\_\_\_\_ Date \_\_\_\_\_ (yyyy/mm/dd)